

**PERSON SPECIFICATION
Wellbeing Walk Leader**

Criteria	Essential/ Desirable	Application Form / Supporting Statement / Interview
1. Enthusiasm for promoting physical activity, wellbeing, and social connection.	Essential	Supporting Statement / Interview
2. Ability to undertake the walks.	Essential	Supporting Statement / Interview
3. Good interpersonal and communication skills (verbal and listening).	Essential	Supporting Statement / Interview
4. Ability to lead and motivate small groups with patience and empathy.	Essential	Supporting Statement / Interview
5. Reliability and good organisational skills.	Essential	Supporting Statement / Interview
6. Dedication to the project and making allowances in time availability when needed	Essential	Supporting Statement / Interview
7. Credibility with peers; positive and approachable outlook.	Essential	Supporting Statement / Interview
8. Willingness to complete mandatory training (safeguarding, first aid, rail safety).	Essential	Supporting Statement / Interview
9. Awareness of wellbeing, mental health, and / or social inclusion issues.	Desirable	Supporting Statement / Interview
10. Interest in sustainability, walking, or promoting active lifestyles.	Desirable	Supporting Statement / Interview
11. Previous experience in group leadership, volunteering, or peer support.	Desirable	Supporting Statement / Interview

- Application Form – assessed against the application form and where appropriate, curriculum vitae. Applicants will not be asked to answer a specific supporting statement. Normally used to evaluate factual evidence e.g. award of a qualification. Will be “scored” as part of the shortlisting process.
- Supporting Statements - applicants are asked to provide a statement to demonstrate how they meet the criteria. The response will be “scored” as part of the shortlisting process.
- Interview – assessed during the interview process by either competency-based interview questions, tests, work-related exercise, presentation, or teaching session etc.